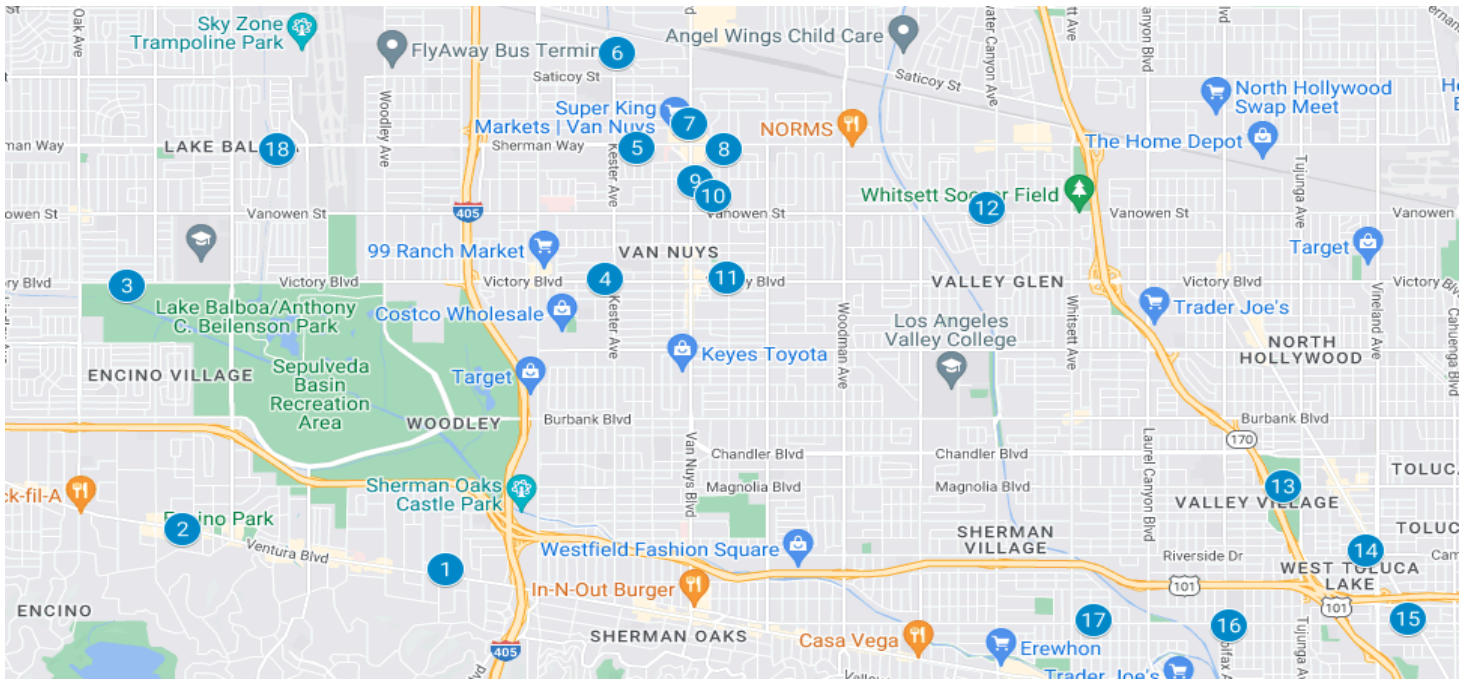


FREE SERVICES NEAR SHERMAN OAKS



FREE FOOD (and more):

1. Encino: Valley Beth Shalom 15739 Ventura Blvd. Food Pantry Mon, Tues, Thurs 10am to 2pm. One visit per month.
2. Encino: St. Nicholas 17144 Ventura Blvd. Meal Served Sun 2 to 3pm.
3. Encino: One Generation 17400 Victory Blvd. Food Pantry 2nd Tuesday of the month 9am to 11am.
4. Van Nuys: Salvation Army 14917 Victory Blvd. Food Pantry Wed 1 to 4pm, Fri 9am to noon. Registration required. CLOSED FEB — reopens in March.
5. Van Nuys: SOVA 14750 Sherman Way. Drive-Thru Distribution Mon, Wed, Thurs 1 to 3pm. Registration required.
6. Van Nuys: Rock of the Valley 7722 Kester Ave. Drive-Thru Distribution Tues 4pm.
7. Van Nuys: Loaves & Fishes 7309 Van Nuys Blvd. Food Pantry & Baby Items Mon and Wed 10am to noon. Registration required.
8. Van Nuys: Church on the Way 14300 Sherman Way. Drive-Thru or Walk-Up Food Pantry Wed 3pm.
9. Van Nuys: First Lutheran 6952 Van Nuys Blvd. Food Pantry Thursday 6:30pm. Also Breakfast served Sat 9am.
10. Van Nuys: YMCA 6901 Lennox Ave. Produce Box Thursday 10am. Registration required..
11. Van Nuys: Central Lutheran 6425 Tyrone Ave. Food Pantry Mon 1 to 3pm.
12. Valley Glen: Village Family Services for Youth (aged 14 – 24) 6801 Coldwater Canyon (entrance in back of building.) Hot Meal, Snacks. Also Laundry, Hygiene Kits, Clothing. Mon -- Fri 11am to 7pm, Sat & Sun 9am to 3pm. **HOUSING INTAKE.**
13. North Hollywood: NoHo Park at Magnolia & Underpass. Meals, Clothing, Pet Food. 2nd and 3rd Sunday each month at noon.
14. North Hollywood: NHHA St. Matthew's 11031 Camarillo. Meals, Clothing, Hygiene Products, Mail Service, ID help, and more. Mon, Wed, Fri 8:30 to 11:30am. Also Produce Pantry 3rd Sat of the month 11am to 1pm. **HOUSING INTAKE.**
15. North Hollywood: St. Charles Borromeo Service Center 10825 Moorpark St. Food Pantry, Clothing, Hygiene Products, Baby Items Tues, Wed, Sat, Sun 9 to 11:30 am.
16. Studio City: Interfaith Food Pantry 4390 Colfax Ave. Food Pantry Mon & Fri 7:30 to 11am.
17. Studio City: NHHA Drop-In Center 12355 Moorpark St. Meals, Clothing, Hygiene Products, Mail Service, Computer Access, Phone Help, and more. Tues 8am to noon. **HOUSING INTAKE**

FREE SHOWERS (and more):

(see 10. above) Van Nuys: YMCA 6901 Lennox Ave. Mon – Fri 9am to 2pm.

(see 11. above) Van Nuys: Hope of the Valley Help Center (Enter on Victory.) Mon – Fri 8am to 3:30pm. **HOUSING INTAKE.**

(see 12. above) Valley Glen: Village Family Services for Youth (aged 14 – 24.) Mon -- Fri 7am to 7pm, Sat & Sun 9am to 3pm.

(see 14. above) North Hollywood: NHHA St Matthew's. Wed & Fri 8:30am to noon. Also medical help on 4th Mon..

(see 15. above) North Hollywood: St. Charles Borromeo Thursday 8am to noon. Also Hot Meal served. **HOUSING INTAKE**

18. Lake Balboa: Access (open to all) and Cornerstone (for those with mental illness only) 16650 Sherman Way. Mon -- Fri 8am to 4pm. Also Laundry, Bagged Lunch. **HOUSING INTAKE.**

OTHER FREE RESOURCES:

Emergency Shelter: Hope of the Valley Pacoima. Please call 818-257-8521 for bed availability

Walk-In Health Services: Northeast Valley Health Corp. 6551 Van Nuys Blvd

Pet Assistance: The Rescue Train 818-927-1364

Pet Food Pantry: East Valley Animal Shelter Van Nuys: call 213-264-8985 or register at laanimalservices.com/petfoodpantry/

Free Meals for Seniors: Sherman Oaks Adult Center 5056 Van Nuys Blvd. Also: Project Angel Food, Meals on Wheels, Great Plates, Jewish Family Services, Valley InterCommunity Council, One Generation

Social Services: 7555 Van Nuys Blvd. call 866-613-3777 or use DPSS.lacounty.gov
County Supervisor Lindsay Horvath office 818-901-3831

Family Services, Immigration, Child Care, ESL, Legal Aid, Job Help, Tax Assistance: FamilySource Center 6946 Van Nuys Blvd. 818-786-4098. Registration required.

Free Cell Phone: call 800-430-0443 or use www.californialifeline.com

Homeless Outreach Request: call 211 or use the 211 app or use www.lahsa.org

Mental Health Outreach Request: call 213-480-3480 or 213-738-4775

Unarmed Response Crisis Intervention Request: CIRCLE PROGRAM: call 1-877-ask-lapd

Emergency Shelter Hotline: 800-548-6047

Crisis Hotline: 323-686-0950

Homeless Veterans Hotline: 800-273-8255

Mental Health Hotline: 800-854-7771

Domestic Violence Hotline: 800-978-3600

California Youth Crisis Hotline: 800-843-5200

Substance Abuse Hotline: 844-804-7500

Nithya Raman City Council Office: 818-728-9924



www.shermanoaksnc.org

Flyer Updated Feb 2024 KirAmeLee