#### **HOMELESS RESOURCES**

## FOOD:

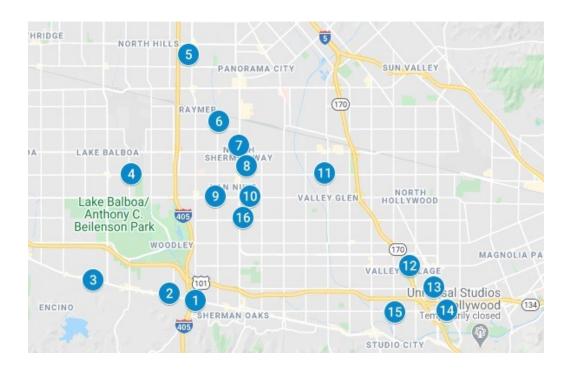
- 1. Sherman Oaks: Valley of Change 15301 Ventura Blvd. Snacks & Water every day noon to 8pm.
- 2. Encino: Valley Beth Shalom 15739 Ventura Blvd. Food Pantry Mon, Tues & Thurs 10am to 2pm.
- 3. Encino: St. Nicholas 17144 Ventura Blvd. Meal Served Sun 2 to 3pm.
- 4. Lake Balboa: SOVA 16439 Vanowen St. Food Pantry Mon Thurs 10am to 1:30pm. Sunday 9am to noon. ID required. Two visits per month.
- 5. North Hills: NVCS 15453 Rayen St. Drive-Thru Distribution Fri 9 to 11:30am. Hot Breakfast served Mon, Wed, Fri 6:30 to 9am.
- 6. Van Nuys: Rock of the Valley 7722 Kester Ave. Drive-Thru Distribution. Tues 4 to 5pm.
- 7. Van Nuys: Loaves & Fishes 7309 Van Nuys Blvd. Mon, Wed, Fri opens at 10am.
- 8. Van Nuys: YMCA 6901 Lennox Ave. Boxed Meal Mon & Wed 11am. Produce Box Thurs 10am.
- 9. Van Nuys: Salvation Army 14917 Victory Blvd. Walk Up Food Pantry Mon 9am to noon, Wed 1 to 4pm, Fri 9am to noon. ID required.
- 10. Van Nuys: Central Lutheran Church 6425 Tyrone Ave. Food Pantry Mon 1 to 3pm.
- 11. Valley Glen: Village Family Services for Youth (aged 14 24) 6801 Coldwater Canyon (entrance in back of building.) Bagged lunch, snacks. Mon to Fri 9:30am to 3:30pm, Sat & Sun 9am to 3pm.
- 12. North Hollywood: NoHo Park Magnolia & Underpass. 2<sup>nd</sup> and 3<sup>rd</sup> Sunday Meal to go, clothing, pet food.
- 13. North Hollywood: NoHo Home Alliance 11031 Camarillo. Meal served, clothing, hygiene products, mail, ID help. Mon 8:30 to noon, Tues 11:30am, Wed 8:30 to noon, Friday 8:30 to noon.
- 14.North Hollywood: St. Charles Borromeo 10825 Moorpark St. Food Panty, Clothing, Baby Items Tues, Wed, Thurs, Sat, Sun 9 to 11:30 am.
- 15. Studio City: Interfaith Food Pantry 4390 Colfax Ave. Walk Up Food Pantry Mon & Fri 7:30 to 11am.

## **SHOWERS:**

- 16. Van Nuys: LA SAN Truck 14415 Aetna St. Thurs 7am to 1pm.
- (see 9. above) Van Nuys: YMCA. Mon Fri 9am to 2pm. ID required.
- (see 11. above) Van Nuys: Hope of the Valley Help Center Mon Fri 8am to 3:30pm.
- (see 13. above) North Hollywood: NoHo Home Alliance. Wed 8:30 to noon.
- (see 14. above) North Hollywood: St Charles Borromeo Thursday 8am to noon.

#### **SAFE PARKING:**

(see 6. above) North Hills: NVCS 1543 Rayen Street. Mon – Fri 7pm to 7am. Sat & Sun 7pm to 6am.



# **OTHER RESOURCES**

Winter Shelter: Hope of the Valley Pacoima. Please call 818. 257. 8521 for pick up location

Pet Assistance: The Rescue Train 818. 927. 1364

Pet Food Pantry: East Valley Animal Shelter Van Nuys: call 213. 264. 8985 or register at laanimalservices.com/petfoodpantry/

Family & Immigration Support, Child Care, ESL, Education & Job Help: North Hills NVCS.

Free Cell Phone: call 800. 430. 0443 or use www.californialifeline.com

Outreach Request: call 211 or use the 211 app or use www.lahsa.org

Mental Health Outreach Request: call 213. 480. 3480 or 213. 738. 4775

Emergency Shelter Hotline: 800. 548. 6047

Crisis Hotline: 323. 686. 0950

Homeless Veterans Hotline: 800. 273. 8255

Mental Health Hotline: 800. 854. 7771

Domestic Violence Hotline: 800. 978. 3600

California Youth Crisis Hotline: 800. 843. 5200

Substance Abuse Hotline: 844. 804. 7500

Social Services: call 866. 613. 3777 or use DPSS.lacounty.gov

City Council Member Sherman Oaks: Nithya Raman 323. 300. 4872